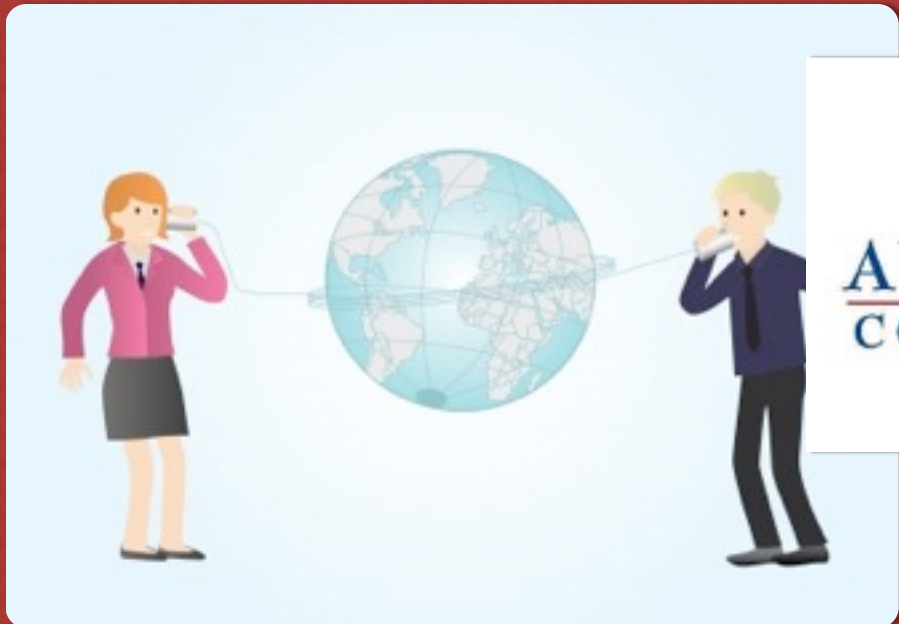


# ON THE EAR WAVES

The Official Newsletter of London Audiology Consultants



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## COMMUNICATION

Communication is essential to many aspects of our lives including family, work and community involvement. Having a hearing loss can make communication more of a challenge. The famous deaf-blind author and political activist Helen Keller is quoted as saying "Blindness cuts me off from things; deafness cuts me off from people."

If you have a hearing loss wearing hearing aids is the first step in improving communication. However, improving your understanding of the communication

process and where breakdowns occur is the next important step.

There are three main things that impact any communication situation: the listener, the speaker and the environment. Even when you are wearing your hearing aids it can still be difficult to hear if it is noisy or if someone speaks too softly or too quickly.

If you are interested in learning more about communication repair strategies speak to one of the clinical staff. We have classes and other resources available to help you take the next step.



**Team Ear-Resistibles**



**Caring for Your Hearing Aids**



**Save the Date!**

## TEAM EAR-RESISTIBLES

**Team Ear-Resistibles** has been busy! On June 8, 2013 eleven (11) members of the team participated in the **Gutsy Walk for Crohn's and Colitis**. Everyone enjoyed a pleasant 5 km walk through north London followed by a barbecue lunch. Overall the team raised \$1075 for Crohn's and Colitis research.

On June 28, 2013 Cathy and Joel participated in **Go the Distance** part of the London Honda Race Series. They both ran the 3 km event and raised money for **Hope's Garden**, a charitable organization that assists individuals with eating disorders and their families.

In September members of **Team Ear-Resistibles** will participate in the **Springbank Road Races** to help raise funds for **St. Joseph's Hospice**. Later in October the team will **Run for the Cure** to support the **Canadian Breast Cancer Foundation**.

## Caring for Your Hearing Aid

Caring for your hearing aid is a bit like looking after your teeth. You need to brush your aids daily and you need to bring your aids into the office every six months for a more thorough cleaning.

Hearing aids are worn on the ear and will pick up earwax and dead skin from your ear. If this debris enters the sound opening of the hearing aid, sound quality can be compromised and the hearing aid could stop working. Earwax can also damage the loudspeaker in the hearing aid necessitating repair by the manufacturer.

These problems can be avoided or minimized if you clean your hearing aid daily with the small brush provided. Brush the opening where the sound comes out to remove any earwax and other debris. In addition change your wax guard regularly.

To supplement daily cleaning at home, we recommend that you bring your hearing aids into the office at least every six months so we can do a thorough clean and check.

Did you know that hearing aid cleaning services in the office are complimentary during the warranty period? Book your cleaning appointment today.

**Call 519 435-1899**



## JOEL FINISHES FIRST IN "GO THE DISTANCE"

On June 28, 2013 members of Team Ear-Resistibles participated in "Go the Distance" part of the London Honda Race Series.

Congratulations to Joel who placed first overall in the 3 km race with a blistering time of 11 minutes 43 seconds over the three kilometer distance. He also won a prize for finishing first in his age group.



## Meet our London Audiology Family

### Meet Mary DeMelo (HID)

Mary has been with London Audiology Consultants for many years. She started in administration and later trained to become a hearing instrument dispenser (HID). "I love my job because I enjoy people and being able to help people. This is where I belong and there is no bigger reward than hearing someone say we changed their life."



## Save the Date!

### Annual Open House

London Audiology Consultants will hold our annual Holiday Open House on Monday November 25, 2013. Save the date and plan to join us.

It will be a fun day with gift bags, refreshments, door prizes and contests. We will be offering free hearing aid cleaning and will feature a new hearing aid product.

More information coming in the fall.



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